

WELCOME

Fairfield Ludlowe High School



4 Year College Planning for Junior Families

School Counseling Department

Director of Pupil Service & Counseling: Vanessa Montorsi

Warner House	Webster House	Wright House
Paula Kotara	Christina Caron	Allison Ofir
Danielle Marseglia	Joanna Caserta	Bridget McHugh
Courtenay Trahan	Brian Sutcliffe	Matt Sutton



College & Career Center: Alice Gorman



College Selection Journey



Our Goal

to move from



---> to



Post-Secondary Options

- Four-year college
- Two-year college
- Vocational training
 - Military
 - Gap Year
 - Employment



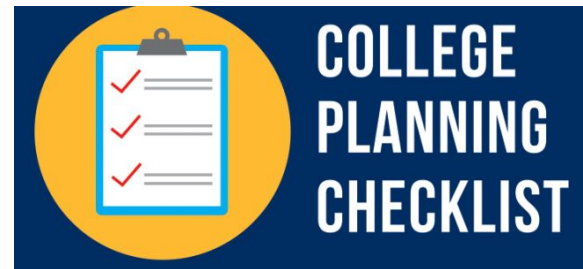
Spring 2021 Virtual Meetings



DATE	TIME	EVENT
1/7/2021	6:30 pm	College Admissions Process
1/14/2021	6:30 pm	NCAA Student-Athletes
1/21/2021	6:30 pm	4-Year College Planning for Junior Parents and Students
1/26/2021	6:30 pm	Navigating Naviance
2/4/2021	6:30 pm	College Bound with an IEP or 504
2/6/2021	2:00 pm- 5:00 pm	USA GAP Year Fair
2/25/2021	6:30 pm	Community College Programs & the Application Process
TBD	TBD	Military Fair

*Most events will be recorded and posted on our School Counseling Website

Junior Timetable (January - May)



- ☐ Register for SAT and/or ACT in the spring. FLHS code is **070187**.
 - ☐ CT School Day Test Day March 24, 2021
- ☐ Reach out to your student's school counselor to schedule a Junior Family Meeting in March/April
- ☐ Attend virtual college visits
- ☐ Arrange for virtual interviews.
- ☐ If you are going to participate in D1 or D2 athletics, you must register with the [NCAA Eligibility Center](#).
- ☐ Ask 2 teachers to write you a letter of recommendation for the fall. Ask them ***before*** you leave for summer vacation.
- ☐ Compile a resume/list of activities, jobs, and community service ventures.
- ☐ Begin to outline possible college essays.

College Admissions Options



- **Early Decision:** typically on or around 11/1 - BINDING if accepted.
- **Early Action:** typically on or around 11/1- NOT binding if accepted, not obligated to commit until May 1.
- **Restricted Early Action:** NOT binding but restricted from sending any other early applications until after decision given.
- **Regular:** application deadlines typically fall between November and February.
- **Rolling:** apply any time during September - July period.
 - **Open:** community colleges, online.

College Search=



- **Get involved in the planning and advising process** - build a resume; manage timelines and deadlines for colleges and careers.
- **Research careers**
- **Research colleges** - compare GPA and standardized test scores to determine safety/target/reach schools.
- **Research gap year opportunities and summer programs**
- **Sign up for college visits**
- **Research scholarships** - local, regional, and national.

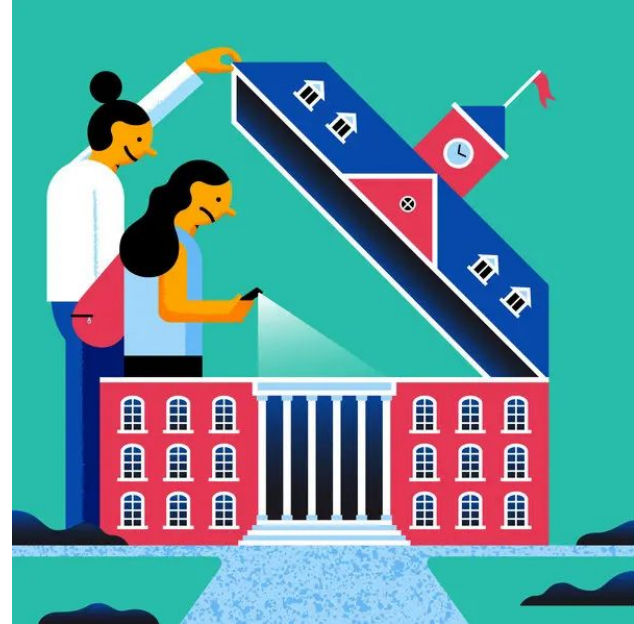
College Visits

FLHS Offers:

- Virtual College visits - sign up on Naviance
- Opportunity to meet with College Representative and ask questions.

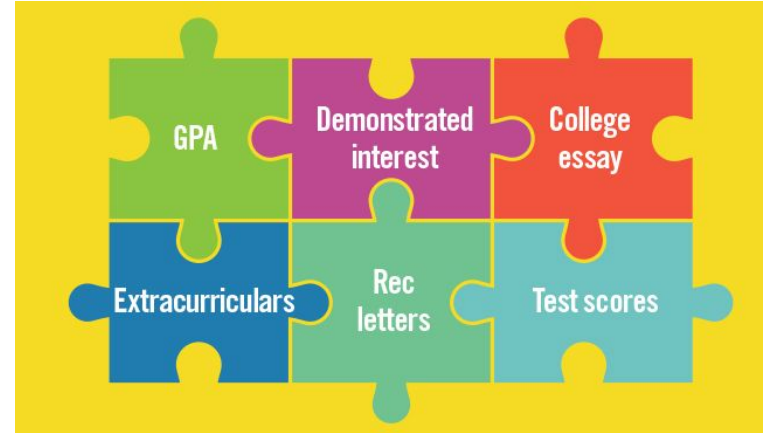
When visiting campuses consider:

- Size and location
- Academics
- Student Body
- Student Life/Services
- Admissions



How Colleges Review Applications

- Application
 - Student Essay
 - Supplemental Questions
 - Extracurricular activities - athletics, performing arts, clubs, work, volunteer
- Transcript
- Teacher and Counselor Recommendations
- Standardized Test Results:
 - SAT/ACT
 - Subject Tests (if necessary)
- Demonstrated Interest
- Interview (if offered by institution)
- Special talents, unusual achievements, alumni relations



Standardized Testing

- PSAT
- SAT – with or without Writing section
- SAT Subject Tests
- ACT – with or without Writing section
- AP Exams
- TOEFL
- **Test Optional Colleges** (www.fairtest.org)





Testing Dates 2021

SAT	ACT
March 13	February 2
May 24	April 17
May 8	June 12
June 5	

Financial Aid

- [FAFSA](#)
 - Financial Aid Night – Fall 2021
 - Submit as early as October 1, 2021 (recommended)
- [FAFSA4caster](#)
- [CSS Financial Aid Profile](#) -
- [Smart Guide to Financial Aid](#) -
- [Expected Family Contribution \(EFC\)](#) -
- **Net Price Calculator** (on each individual college website)



Student Athletes



- NCAA Division I or II Eligibility: Students wishing to play Division I or II athletics must file online with the NCAA Eligibility Center:.
- SAT Scores must be sent directly from College Board to the Eligibility Center. **The NCAA code is: 9999**
- NCAA Sliding Scale GPA & SAT/ACT Requirements

Fall 2021 Meetings

- Senior Parent Chat
- Large Group Senior Student Meeting
- Individual Senior Meeting with student
 - Financial Aid Night





- **How many colleges should I apply to?**

In general, we suggest submitting applications to 5-8 schools. Those schools should include 2-3 target, 2-3 favorable or “safety,” and 1-2 reach.

- **How many days of school can my child miss to visit colleges?**

Absences are considered excused but make sure visits do not have an adverse effect on child’s grades.

- **Does it matter how far in advance of the application deadline my child sends in the application materials?**

We advise you to set an artificial deadline two weeks in advance of college’s application deadline.



- **How does my child send his/her SAT/ACT scores to colleges?**

Log on to www.collegeboard.org and/or www.actstudent.org

- **Will my child need to send their SAT scores if the college is SAT optional?** Here's a snapshot of the percentage of students who have submitted scores, with some context for the type of institution based on their acceptance rate.
 - Private research university (<10% acceptance rate): 70%
 - Public research university (<60% acceptance rate): 30%.
 - Public university (<80% acceptance rate): 25%
 - Public research university (<25% acceptance rate): 69%
 - Private research university (<20% acceptance rate): 43%.
- **Will it make a difference whether I use the Common Application or the college's own application?**

No. Colleges who use the Common Application have voluntarily agreed to accept it in lieu of their own. However, many who take the Common Application require their own supplement as well.



- **How do we motivate our child to take control of the process?**

Students should own the process. Some students, for a variety of reasons - stress, feeling overwhelmed, fear - display resistance to owning the process. It is important that parents provide their child with support by affirming their sense of self-worth, not by taking over the application process. Contact your child's counselor for advice if this continues to be an issue.

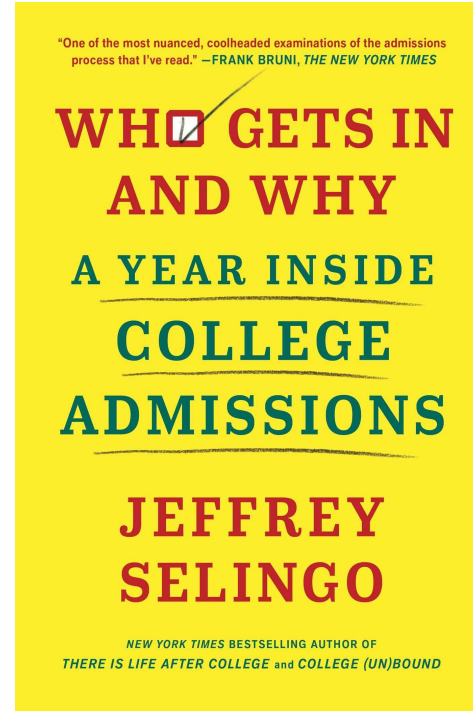
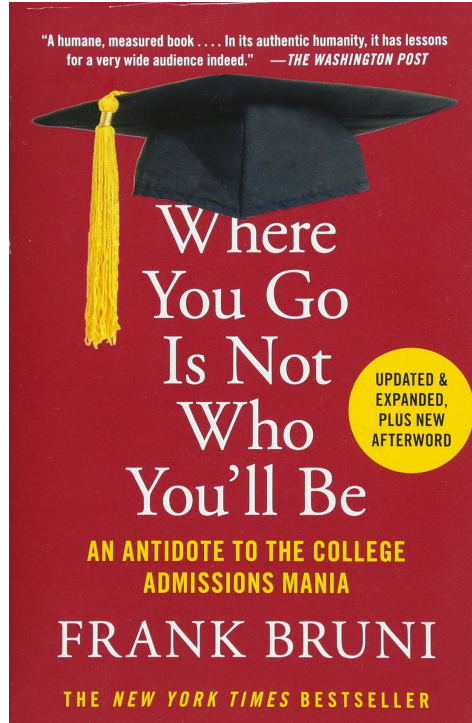
- **What grades are on the transcript?**

All final grades for each year of your child's attendance here at FLHS.

- **How do I narrow down my choices when applying to college?**

Size, location, cost and **major** are four essential factors when deciding which colleges to apply to.

Resources



Any additional QUESTIONS?

